

# VOLUNTEERS NEEDED FOR RESEARCH STUDY ON Reduction of frailty in pre-diabetic older people using Metformin

Conducted by University of Texas Health Science Center at the STVHCS Audie L. Murphy VA Hospital in the Barter Research Unit (BRU)

- Age 65 and older
- Men or women
- All ethnic groups
- Not living in an assisted living or nursing home facility
- Pre-diabetes based on blood screening tests as part of this study

You may qualify for this study that will evaluate whether metformin (a drug commonly used to treat diabetes) can reduce frailty in older people with pre-diabetes.



*Friendly and qualified research staff will explain everything in detail and stay in close communication with research participants.*

## If you participate, you will receive:

- Blood work
- A physical exam
- Compensation

## Study may last up to 2 years

- Visits every 3 months
- No overnight stay
- Debit card for immediate compensation

**All clinic visits are conducted on the 7<sup>th</sup> floor at the STVHCS Audie L. Murphy VA Hospital at the Barter Clinical Research Unit.**

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**For more information please call:  
210-617-5190**